

Athlete with suspected concussion

- On-field signs of concussion:**
- Loss of consciousness
 - Lying motionless, slow to get up
 - Seizure
 - Confusion, disorientation
 - Memory impairment
 - Balance disturbance/motor incoordination
 - Nausea or vomiting
 - Headache or 'pressure in the head'
 - Visual or hearing disturbance
 - Dazed, blank/vacant stare
 - Behaviour or emotional changes, not themselves

Things to look out for at the time of injury

Immediate and permanent removal from sport
Take normal first aid precautions including neck protection

- RED FLAGS**
- Neck pain
 - Increasing confusion, agitation or irritability
 - Repeated vomiting
 - Seizure or convulsion
 - Weakness or tingling/burning in the arms or legs
 - Deteriorating conscious state
 - Severe or increasing headache
 - Unusual behavioural change
 - Visual or hearing disturbance

NO

Refer to medical practitioner as soon as practical

YES

Immediate referral to emergency department

